



October 2022

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2021 - 2023

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Dear Alumnae/i of the AASH Southern Region,

Happy Feast Day of our beloved Mater Admirabilis! As students and now alumni/ae, we are at “home” throughout our Sacred Heart community due to the connection we share with Mater. May you feel the comfort and peace Mater embodies. And maybe you will enjoy some pink goûter!

Fall is definitely in the air here in St Charles, with cooler temperatures and changing colors of leaves. To those who work in schools, I hope the academic year is off to a wonderful start. The year ahead will be an exciting and busy one for AASH, and we look forward to seeing and connecting with you at one or more of our upcoming events.

**Regional Conference**

Yesterday, alumnae/i, alum directors, and RSCJs from all four regions gathered virtually on Zoom to share time together. With a theme of “Sailing Into Our Future,” we heard:

- what is happening at schools and associations across the United States from the regional directors,
- how the regions are living out the Call to Actions voted on during the previous National Conference,
- why “Listening to Our Hearts” is important and what it means to be an Associate of the Sacred Heart, and
- an invitation to the upcoming National Conference.

**National Conference**

The 44th AASH National Conference will take place May 18-20, 2023, in Portsmouth, Rhode Island. The conference will be hosted by St. Philomena School of the Sacred Heart, the 25th and newest school in the Sacred Heart network, as well as honor the contributions of the Elmhurst school, which shuttered in the 1970s. Many fun-filled events are in the works. Registration for the conference opens today, October 20, at [www.aash.org](http://www.aash.org). I hope you will consider attending.

Be thinking now about your voting delegates for the business portion of the AASH National Conference. A delegate is required to attend the conference and each General Session where the voting takes place. Each school and association has 2 voting delegates.

**Nominations Open**

From now until Tuesday, November 15, nominations are being accepted for the Cor Unum Awards, the Maryliz deVito Lincoln Award, and the 2023-2025 AASH Board of Directors. This is a great opportunity to connect and work with fellow alumnae/i. You will meet so many wonderful people with a common bond, common background and common foundation in life. I encourage you to apply for a position. To learn more about the qualifications for each or to submit a nomination, please click on the individual links on the AASH.org website.



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## **Regional News**

In July, **Rosary** hosted a coffee for local Alumnae serving in schools as faculty or staff. In addition, Rosary alums living in the DC area got together for a happy hour.

**Carrollton** alumnae are participating in the launch of a new mentoring program which provides mentors with an opportunity to reconnect with Carrollton, support career development for Carrollton students, and strengthen networks. During October, the feast month of Mater Admirabilis, Carrollton collects alumnae group photos of Sacred Heart sisterhood to share #MaterMoments on social media. Finally, Carrollton is hosting Alumnae Socials in NYC and DC.

The Alumni BBQ Booth and Bloody & Bubbles Bar were a huge success in support of Country Fair at the **Academy of the Sacred Heart - St. Charles**. From prepping an item to being there to volunteer, along with everything in between, it was a wonderful day for alumni participation.

The **Triangle** Sacred Heart Alumnae Association will hold their next gathering on Saturday, November 12. Contact Karen Daly at [kdaly@nc.rr.com](mailto:kdaly@nc.rr.com) for more information. Consider joining them, or one of the other independent alumni/ae associations, to maintain the Sacred Heart connections.

As I mentioned in my Southern Regional Report during the Regional Conference, ASH - St. Charles welcomed a new Head of School this fall. During his installation ceremony, Mr. Tim Horner shared "May love be the manner by which we live our daily lives. That is my greatest hope for each of us individually and as a community. Let others say, 'I know they are a member of the Sacred Heart by their actions.'" May all of us alumnae/i show our love continually to others so they know we are true Children of the Sacred Heart.

United in one Heart,  
Charla Dziedzic  
AASH Southern Regional Director  
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