



April 2023

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2021 - 2023

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president@aash.org

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srd@aash.org

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ambassador@aash.org

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lstrickland@aash.org

AASH NATIONAL OFFICE

801 S. Spoele Road
Saint Louis, MO 63131
NationalOffice@aash.org
314-569-3948

Dear Alumnae/i of the AASH Southern Region,

Spring signals the arrival of warmer temperatures, flowers starting to bloom, God's promise of renewal, and graduations. For those of us in the Sacred Heart family, Spring also is a time when we observe the special day of St. Madeleine Sophie Barat's Feast on May 25 and we welcome all our new graduates as alumnae/i of the Sacred Heart.

AASH 44th National Conference - May 18-20, 2023 Portsmouth, Rhode Island

May is also the date for the AASH 44th National Conference. Have YOU signed up yet? Make plans now to attend! You won't want to miss seeing your Sacred Heart friends and meeting new alums.

Visit <https://aash.org/event/44th-aash-national-conference-portsmouth> to register, plan your trip, and learn all about the conference activities.

If you are not able to join us for the whole conference, consider attending the Glen Manor Soirée on Thursday, May 18, from 4:30 to 7:30 p.m. We will honor treasured memories of the past by celebrating the Shelagh O'Dwyer Cocktail Party at The Glen Manor House, the former location of Elmhurst School of the Sacred Heart in Portsmouth. This event includes drinks and hors d'oeuvres in the historic manor house. Contact the AASH National Office at NationalOffice@aash.org to sign up.

AASH also will be hosting a very special Sacred Heart dinner during the National Conference. Join us Friday evening May 19 for an intimate dinner at 22 Bowen's on the Newport waterfront. Limited to 20 guests, this dinner is a fundraising event to cover the cost of the RSCJ attending the 44th AASH National Conference. You may contact the AASH National Office (NationalOffice@aash.org) for reservations or any questions.

By now you should have received, either electronically or via USMail, the Spring 2023 edition of the *Esprit de Coeur*. It provides additional Conference information as well as the full Conference schedule.

Finally, I would like to congratulate the following alumna from the Southern Region who will be honored at the upcoming National Conference.

♥ 2023 AASH Cor Unum Award: Deborah Dunham (Grand Coteau, Duchesne Houston)

♥ 2023 MaryLiz DeVito Lincoln Generosity & Service Award: Alexandra Sanchez (St. Charles)

♥ 2023-2025 AASH Board Vice President: Iris Kolaya (Carrollton)

♥ 2023-2025 AASH Board Southern Regional Director: Donna Davis (Duchesne Houston)

♥ AASH Presidential Ambassador: Deborah Dunham (Grand Coteau, Duchesne Houston)



Regional News

The **Triangle North Carolina Alumnae Association** had a wonderful St. Patrick's Day celebration at a member's home with a delicious corned beef and cabbage feast. Their next gathering will be held on May 6 at the NC Museum of Art.

In March, alums at **ASH-St. Charles** returned to speak to the Seventh and Eighth Class students. As one alumna shared "Being challenged academically and being held to a high standard helped get me to where I am today."

Carrollton was delighted to welcome 16 alumnae to participate in the Upper School Alumnae Career Day where alumnae spoke about their academic and career journeys, as well as how Carrollton shaped them into who they are today.

Every year, alumnae spanning many decades and career fields come back to the **Villa Duchesne** campus and share their stories and advice with the seniors at Career Day. Alumnae attended in person, as well as virtually from LA to DC to Dallas.

Rosary also hosted an Alum Panel where seniors were blessed to be able to speak (about what college is really like!) with recent alumnae who are now students at universities all over the United States.

The Alumnae Board at **Grand Coteau** hosted a Day of Recollection during Lent, helping ASH and Berchmans Academy live Goal 1: A personal and active faith in God.

The independent **Gold Coast Alumnae Association of Southern Florida** is struggling. They have a yearly luncheon but no other activities. Is anyone willing to get involved? This would be your chance to live out Goal 4: The building of community as a Christian value. Sacred Heart bonds span graduation schools and locations. Alums who participate in our other independent associations throughout the region overwhelmingly attest that they appreciate sharing the feast days, traditions, and love with other Sacred Heart graduates. Please reach out to me if you are in the South Florida area and would be willing to help.

I hope to see many of you at our AASH National Conference in Rhode Island next month.

United in One Heart,
Charla Dziedzic
AASH Southern Regional Director
srd@aash.org